

University of California, San Diego  
Assent to Act as a Research Subject  
(Ages 13-17 years)

UC San Diego Eating Disorder Center for Treatment and Research Registry

***Who is conducting the study, why you have been asked to participate, how you were selected, and what is the approximate number of participants in the study?***

Dr. Christina Wierenga and associates are conducting a research study to find out more about eating disorders. You have been asked to participate in this study because you either currently have an eating disorder, you are recovered from an eating disorder or have never had an eating disorder. There will be approximately 5,000 individuals who consent to this registry.

***Why is this study being done?***

The purpose of this study is to recruit individuals who may be eligible for our research studies now or in the future. Our research is primarily designed to understand more about the neurobiology and treatment of eating disorders. This research seeks to answer questions that could improve treatment, and provide better education about eating disorders.

***What will happen to you in this study and which procedures are standard of care and which are experimental?***

If you agree to be in this study, the following will happen to you: you will answer a few questions about your age, sex, overall health, eating disorder status, and you provide your contact information. By agreeing to be a part of this registry, you are agreeing to receive email notification about research studies that are actively recruiting participants. You have the right to refuse to participate in any of these studies.

***How much time will each study procedure take, what is your total time commitment, and how long will the study last?***

Taking part in the registry will take about 5-10 minutes. Your name will remain in the registry unless you asked to be removed. The studies in which you are eligible for may vary from 30 minutes to 4 hours.

***What risks are associated with this study?***

Participation in this study may involve the risk of loss of confidentiality. The registry will contain personal information such as your weight, gender, and eating disorder status, and there is a possibility of a loss in confidentiality. However, we have taken several precautions to protect your confidentiality, such as keeping our paper files in locked cabinets, and our electronic database secured with a password.

***What are the alternatives to participating in this study?***

Taking part in this registry is voluntary. The alternative is to not participate in our registry. Whether or not you provide consent to participate in this registry will have no effect on your

current or future relationship with the University, nor will it have any effect on your current or future medical care at a UCSD hospital or an affiliated health care provider.

***What benefits can be reasonably expected?***

There are no direct benefits for enrolling in the research volunteer registry beyond being the first to learn of opportunities to participate in research studies that are being conducted at the UC San Diego Eating Disorders Center for Treatment and Research. Again, participation in both the research volunteer registry and any of the research studies advertised through the registry is completely voluntary.

***Can you choose to not participate or withdraw from the study without penalty or loss of benefits?***

Participation in research is voluntary. You may refuse to participate or withdraw at any time without penalty or loss of benefits to which you are entitled. If you decide that you no longer wish to continue in this study, please email [edresearch@health.ucsd.edu](mailto:edresearch@health.ucsd.edu) to inform us, and your information will be removed from the registry.

***Will you be compensated for participating in this study?***

You will not be compensated for participating in the registry. However, you may be compensated for studies in which you are eligible for.

***Are there any costs associated with participating in this study?***

There will be no cost to you for participating in this study.

***What about your confidentiality?***

Research records will be kept confidential to the extent allowed by law. Your information will be in a secured electronic database protected by password. The only people who will have access to this database are trained researchers and research assistants. The UCSD Institutional Review Board may review research records.

***Who can you call if you have questions?***

If you have other questions or research-related problems, you may reach Dr. Wierenga at 858-543-8047. You may also call the Office of IRB Administration (OIA) at 858-246-4777 to inquire about your rights as a research subject or to report research-related problems.

***Your Signature and Assent***

You have received a copy of this assent document and a copy of the “Experimental Subject's Bill of Rights” to keep.

You agree to participate.

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Subject Signature

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Date